

# RHYTHM2RECOVERY

The Rhythm2Recovery program connects, educates and uplifts participants in a transformational way.



**SAN DIEGO, CA**  
**OCTOBER 14TH & 15TH 2023**  
**14 CMTEs for Music Therapists**

**Venue:**  
**Resounding Joy**  
**11300 Sorrento Valley**  
**Rd., Ste. 104**  
**San Diego, CA 92121**

A two day course that provides attendees with the practical tools and skills to introduce music into their practice in order to address the social and emotional challenges faced by their clients or students. No previous music skills are required.

The R2R model is used by counselors and educators around the world working in diverse fields including trauma, mental health, behavioral education, custodial facilities, child protection and refugee integration.

Access to over 120 practical rhythm games and exercises plus exclusive training videos. Suitable for both counselling and educational settings and can be adapted for individual, family and larger group work.

The exercises are fun, engaging, practical and empowering. This work is strongly evidence-based and client-focused with an emphasis on empowerment.

[rhythm2recovery.com](http://rhythm2recovery.com)

## Testimonials

I had no drumming experience prior to the workshop, but following the training, I was able to confidently implement the program in multiple settings including the school system, veteran services, college courses and individual counseling sessions. After 30 years of practice, I can say this is one of the most refreshing and life changing programs I've implemented as part of my counseling and occupational therapy work.

Terrie King, OTR, LPC Heart Space Counseling Center, LLC – Texas

This training is a treasure. It's a must-do for anyone working in a therapeutic or educational context. When words get in the way, tune in to the principles that Rhythm2Recovery offers in this packed filled workshop.

Dr. Daryl Chow, MA, Ph.D. (Psych) Counseling Psychologist, Senior Associate & Trainer, International Center for Clinical Excellence (ICCE),

## TOPICS INCLUDE

**Developing and Restoring Trust Communication**  
**Teamwork**  
**Managing Change**  
**Values & Boundaries**  
**Healthy Relationships**  
**Violence Prevention**  
**Bullying Prevention**  
**Loss & Grief**  
**Emotional Regulation & Many More**

**FUN**  
**ENGAGING**  
**PRACTICAL**  
**EMPOWERING**

**Evidence-Based Practice with a Client-Centred Focus**

Rhythm2Recovery Facilitator Training has been approved by NBCC for NBCC credit. Rhythm2Recovery is solely responsible for all aspects of the program.

NBCC Approval No. SP-3966. NBCC CE Hours - 12

[Click Here for full details of Program Learning Outcomes](#)

**[Click Here to Register](#)**

[rhythmmandtruth.org/rhythm2recovery](http://rhythmmandtruth.org/rhythm2recovery)

