



The poster features the Resounding Joy logo at the top center. Below it, the title "LIVING YOUR DREAMS" is written in large, bold, red and black letters. To the right of the title, the words "BENEFIT CONCERT" are written in bold black letters, flanked by two red dots. Below the title and concert name, there is a photograph of a band performing on stage, silhouetted against a bright light source. To the right of the photograph, a blue box contains the text "FEATURING: Performances by the Sounds of Service Band and more solo military and veteran musicians!". The entire poster is framed by a decorative border with stars and stripes.

**Tickets are on sale now for our  
Living Your Dreams Benefit Concert!**

**PURCHASE TICKETS**

Have you purchased your tickets for the **Living Your Dreams Benefit Concert** yet? The **Sounds of Service Band** has been rehearsing for weeks and are ready to play for the Resounding Joy community!

Come support the Sounds of Service Program which provides music therapy for active-duty military, veterans, and first-responders.

Tickets are \$25 pre-sale, and \$30 at the door, so buy in advance!  
**Pre-sale tickets for veterans and active-duty military are 20% off!**  
**Use the discount code: MILITARY20 at checkout to redeem.**

[More information about the Living Your Dreams Concert can be found here.](#)

**Sunday, August 27th 4pm-7pm**  
**VFW Post 5477**  
**123 Palm Ave, Imperial Beach, CA 91932**

Volunteers are needed for this event- reply to this email to sign up.  
Shifts: 2-7pm or 4-9pm.

---

# More Upcoming Events

---

## Music in the Park Sessions

**Thurs., August 24th 6-7pm, City Heights Park**

**Friday, August 25th 6-7pm, City Heights Park**

**Saturday, August 26th 6-7pm, Skyline Park**

Join our music therapists at our Sounds of Community sessions at parks around San Diego! Family-friendly and no experience necessary- come make music with us!

We would love volunteers for these sessions!

Volunteer shift: 5:30-7:30pm



[I want to volunteer!](#)

---

## Rhythm and Truth's Rhythm2Recovery Facilitator Training

**Saturday, October 14-15th**

Resounding Joy's Music Wellness Center

11300 Sorrento Valley Rd Ste 104

San Diego, CA 92121

The Rhythm2Recovery model is an evidence based practice that combines experiential rhythmic music with cognitive reflection and draws upon a number of well documented therapeutic approaches that deliver positive psychological and physiological outcomes. No previous musical experience is required or needed all drums and percussion provided.



[Register](#)

[Full Flyer](#)

Registration: \$361

---





# SAVE THE DATE



## RESOUNDING JOY'S 20TH ANNIVERSARY FUNDRAISER

On **December 2nd, 2023**, join us for Resounding Joy's 3-in-1:

- 20th Anniversary Celebration,
- Barbara's Retirement Party, and
- End-of-Year Fundraiser!

New details!  
4-7pm in Point Loma

---

## Community Highlight: Shop at Jimbo's Grocery Store to support Resounding Joy

---



Jimbo's grocery store has selected Resounding Joy as the recipient of their Wooden Nickel program through the end of September!

Shop with a reusable bag at Jimbo's and drop your wooden nickel in Resounding Joy's box to support our Sounds of Healing Notes program.

---

## Get Involved!

Sign up for the volunteer newsletter

Fill out a volunteer application

Questions about volunteering? Ask us!



Visit our Website

[View this email as a webpage.](#)

Resounding Joy | 11300 Sorrento Valley Rd., Ste 104, San Diego, CA 92121

[Unsubscribe breuer@resoundingjoyinc.org](#)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent bybreuer@resoundingjoyinc.orgpowered by



Try email marketing for free today!