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The energy that is captured in a Chant Circle is unique and powerful, reflecting inner wisdom and universal truths. Participants will write and their own chants (short songs) for community singing and then facilitate a chant circle with members of the Musicworx/Resounding Joy San Diego Community! All voices are welcome!

Chant circle facilitation requires leadership, musicality, and sustained use of voice, gesture and inflection, guiding a group of singers through a structured vocal improvisation that threads harmony, rhythm and lyrics around a simple melody. These improvisations can be calm or energetic, and they use the creativity of the participants and facilitators to provide an organic ebb and flow through dynamic sound and movement. By assessing group members' musical ability, leadership style, and interest in using chant and simple songs in both professional and personal life, the group leaders will begin by teaching favorite short songs for group singing as a warm up. Vocal harmonies, percussion, and some harmonic chordal accompaniment will be used, along with flexibility in arrangements to allow for the input of the participants. This experience allows the participants to use their voices in a group meditation that builds a sense of community through their simple songs sung with intention and artistry.

When music therapists sing together, they are able to use their authentic selves as singers and musicians, allowing the support and harmonic resonance that is created to be shared with peers. The presenters will share skills that have been developed through years of experience and collaborative work. In addition to learning the art of chant facilitation, participants will be asked write and songs to be performed by the group, with their own unique arrangement, which they may record for future use. Participants may create chants applicable to their clinical work and for personal growth and self-care.

The presenters believe the opportunity for musical growth and expression is a necessary part of a music therapist's continuing education. Instruction on chant composition will include lyric and melodic construction, and resources from a variety of ethnic cultures. The presenters will provide a non-threatening environment that encourages learning and singing.

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This Chant Facilitation Workshop is Appropriate for Music Therapists, Counselors, Musicians and Community Members who are interested in using their voice to develop simple and meaningful group singing experiences

“You are a Song” Chant facilitation Workshop Outline-  
Saturday July 29<sup>th</sup> 9am-3:00 pm (Registration 8:30-9:00) 6 Pre-Approved CMTE's/Continuing Ed

9:00-10:00

20 minutes introduction through vocal and gentle physical warm up  
40 minutes learning chants, including gesture, movement and dance

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10:00-11:00

60 minutes writing chants, including recording, notating and rehearsing

11:00-11:40

40 minutes arranging chants in groups, adding harmony and movement

11:40-12:30 lunch break

12:30-1:00 prepare for *Community Chant Circle*

1:00-2:30 *Community Chant Circle*

2:30-3:00 Evaluation and Closure for Workshop (Continuing Ed) Participants

300 clock minutes = 6 CMTE's

CMTE

Participants in the workshop will develop and/or practice their understanding of the following domains, demonstrating the ability to incorporate skills into their "Community Chant Circle" :

I.B. Assessment:

13. Identify client response to different:

- a. types of musical experiences (e.g., improvising, recreating, composing, and listening) and their variations.
- b. types of non-musical experiences.
- c. styles of music.
- d. elements of music (e.g., tempo, pitch, timbre, melody, harmony, rhythm, meter, dynamics, form, lyrics).

II. A. Implementation

2. Provide music therapy experiences to address client's:

- aw. spirituality
- az. support systems
- bc. vocal production
- bd. Wellness

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Robin Rio, MA, MT-BC, is associate professor of Music Therapy at Arizona State University. Before authoring, *Connecting through Music with People with Dementia*, she published articles highlighting her clinical work: with homeless adults (*Nordic Journal of MT*) youth offenders (*MT Perspectives*) and process-oriented therapy practice (*Arts in Psychotherapy*). She has recorded original chants with the *Daughters of Harriet*, and is co-founder with Lisa Jackert of *Strength-Based Improvisation Training* for advanced practice therapists. Developing voice, song, and communication through artistic expression

has been a recurring theme in her work and life. The simple, repetitive nature of chants brings us closer to our inner selves while simultaneously connecting us with others.

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Lisa Jackert, MA, MT-BC works as program coordinator and music therapist for the Center for Mental Health and Wellness of Community Hospital Long Beach. A clinician since 1988, she has also worked as adjunct professor, clinical training director, and operates a private practice specializing in GIM and voice work. In addition to singing and recording original chants with the Daughters of Harriet, Lisa is a singer-song-writer and actively performs in her community. She recently released her first solo recording entitled: *Salt and Sweet*. Lisa is a frequent conference and workshop presenter and also is co-founder, with Robin Rio, of *Strength-Based Improvisation Training* for advanced practice therapists.

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Cancellation/Refund Policy: 100% of registration fee will be refundable if you cancel 4 days before the event. Cancellations made by 5pm on the day prior to the workshop will receive MWC credit towards services and/or product for the amount paid. Cancellations made after 5pm on the day prior to the workshop will not receive a refund or credit.  
Statement of Relationship: Class is approved by the Certification Board for Music Therapists (CBMT) for 6 Continuing Music Therapy Education Credits. MusicWorx Inc, #P-097, maintains responsibility for program quality and adherence to CBMT policies and criteria.